



SEABRA FOODS

SALE STARTS FRIDAY DECEMBER 09th, 2011

FRI 09	SAT 10	SUN 11	MON 12	TUE 13	WED 14	THU 15
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SPECIAL 4x6 ONLY \$1.99

CHRISTMAS CARDS SPECIALS & MORE



the PrintPost.com

Grocery

 Progresso Beans Red Kidn Beans 19 oz 88¢	 Marcal Small Steps Paper Towel 440 ct 8 Pk 4.99	 Mazola Oil Pure Corn, Vegetable or Canola 128 oz 8.88	 Anna Pasta Assort. Flav. 16 oz 99¢	 Kraft Mac & Cheese Select. Var. 9.4-14 oz 2/\$5	 Domino Sugar 5 Lb 2.99	 Chock Full o' Nuts Coffee Select. Var. 10.3-12 oz Excludint Decaf or Columbian 4.99	 White Rose Soda Assort. Flav. 3 Ltrs 99¢
 Pepsi All Flav. 12 Pk 12 oz 3/\$10	 White Rose Long Grain Rice 20 Lb 7.88	 White Rose Vegetables Select. Var. 10 oz 88¢	 Bertolli Olive Oil 101 Floz 12.99	 Progresso Traditional Soups Select. Var. 18.5-19 oz 1.99	 White Rose Apple Juice 64 Floz 1.99	 Nissin Chow Mein Select. Var. 4 oz 88¢	 Cento Canned Tomato Select. Var. 28 oz 99¢

Produce

Seafood

 Tomatoes 89¢ lb	 Loose Onions With Your Savings Card You Pay 3 lbs 99¢	 Bosc Pears 79¢ lb	 Limes 10 FOR 1.99	 White Seedless Grapes 1.69 lb	 Romaine Lettuce With Your Savings Card You Pay 2 \$3	 Red Delicious Apples 89¢ lb	 Shrimp Cooked 16/20 24.99 BAG	 Corvina a Posta Croaker Fish 5.99 LB
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Meat

Dairy

Frozen

 Whole Boneless Sirloin Tips 2.99 lb	 Bone-In Center Cut Pork Chops With Your Savings Card You Pay 2.29 lb	 Whole Boneless Chicken Breast With Your Savings Card You Pay 1.89 lb	 Boneless Beef Round Tip Steak 3.49 lb	 Boneless Beef Round Tip Roast 3.39 lb	 Bone-In Assorted Pork Chops 1.89 lb	 Bone-In Center Cut Pork Roast 2.19 lb	 Florida's Natural Orange Juice Select. Var. 59 Floz 2.59	 White Rose Yogurts Assort. Flav. 5 \$2	 White Rose Pizza 6.5 oz 88¢
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Delicatessen

Bakery

 Fancy Provolone 4.59 LB	 Daniele Mortadela 4.59 LB	 Boar's Head Honey Turkey 6.99 LB	 Homemade Cole Slaw 1.99 LB	 Smoked Holland Cheese 5.99 LB	 Chicken Cutlets 4.99 LB	 Triana Pastes de Nata With Your Savings Card You Pay 12 FOR \$10.49	 Triana Vanilla Swiss Roll 3.79 ea	 Triana Broas De Mel 1.59 ea	 Triana Bolas Doce De Ovo 3.29 ea	 Triana Mini Suspiros 1.79 ea	 Triana Carrot Cake Meia Lua 3.79 ea
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